

THE TOUR DE SKI PROGRAM

Competition Schedule

Date	Day	Location	Race	Distance	Technique	Start
31.12.10	FRI	Oberhof	Prologue	2.5 K L 3.75 K M	Free	Individual
01.01.11	SAT	Oberhof	Pursuit	10K L 15K M	Classic	'Handicap Start'
02.01.11	SUN	Oberstdorf	Sprint	1,2 K L 1,2 K M	Classic	Mass
03.01.11	MON	Oberstdorf	Pursuit	5+5k L 10+10k M	Classic/Free Classic/Free	Mass
04.01.11	TUE	Rest Day				
05.01.11	WED	Toblach	Sprint	1.2K L 1.2k M	Free	Mass
06.01.11	THU	Cortina-Toblach	Distance	15 K L 35 K M	Free	Handicap Start
07.01.11	FRI	Rest Day				
08.01.11	SAT	Val di Fiemme	Distance	10K L 20K M	Classic	Mass
09.01.11	SUN	Val di Fiemme (Alpe Cermis)	Pursuit (Final Climb)	9K L 9K M	Free	'Handicap Start'

(Subject to change)



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Starting Times Schedule

Date	Day	Location	Proposed Starting Times (competition time)
31.01.10	FRI	Oberhof	Ladies: 12:45 Men: 15:00
01.01.11	SAT	Oberhof	Ladies: 11:50 Men: 12:45
02.01.11	SUN	Oberstdorf	Qualification: 12:30 Ladies/Men: 14:30
03.01.11	MON	Oberstdorf	Ladies: 15:45 Men: 12:30
04.01.11	TUE	Rest Day	
05.01.11	WED	Toblach	Qualification: 12:15 Ladies/Men: 14:15
06.01.11	THU	Cortina - Toblach	Ladies: 14:00 Men: 11:45
07.01.11	FRI	Rest Day	
08.01.11	SAT	Val di Fiemme	Ladies: 15:30 Men: 12:30
09.01.11	SUN	Val di Fiemme (Alpe Cermis)	Ladies: 12:30 Men: 14:30

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